

Winter-proof your home with our expert energy-saving tips

- 1. Invest in a draught excluder:** Draught excluders are a quick, simple and inexpensive way to keep the heat in. Fitting letterbox flaps or brushes, or keyhole covers for doors, can also make a big difference.
- 2. Trap in heat with treated windows:** Prevent heat seeping out of gaps in your window frames by applying a specialist window adhesive tape to the edges. Just draught-proofing around windows and doors could save you £25 a year.*
- 3. Fit radiator reflectors:** These are quick and easy to fit, simply slotting down the back of your radiators. They work by reflecting heat back into your rooms. They're especially effective if you have thin walls without much insulation, and can reduce heat loss by up to 45%.*
- 4. Bleed your radiators:** Give your radiators a health check. Trapped air or gas inside can stop them from working properly – bleeding them using a radiator key helps make sure they're as efficient as possible.
- 5. Take control with thermostats:** Fitting a room thermostat and thermostatic radiator valves means you get the heat you need in every room, with less wastage. Turning down a rooms thermostat by just one degree could shave £75 off your annual heating bill.*

*Energy Saving Trust

